

# 2009 ~ East ★ West Music and Dance ~ 2010

## Fall Dance Schedule

September 14, 2009

		3:45	4:45	5:45	6:45	7:45	8:45
Mon		Pre-Pointe	Jazz/HH II 9 – 11 yrs	*Hip Hop III Teen/Adult	Jazz IV Teen-Adult	Contemporary	
			Ballet IV 10 -12 yrs	Ballet III 9 – 12 yrs	*Hip Hop III 12 – 14 yrs	Turns / Jumps	
	9am-10am <b>Gentle Yoga</b> Adults	TinyTots I 4 - 6 yrs	<b>Yoga 4 Dancers</b> 11 & up	Tap IV 10 - 13 yrs	Ballet III Teen-Adult	Basic Ballet 12 & up	
Tues	3 – 3:45pm Mini-Tots 2 ½ - 3 ½	Ballet I 7 – 10 yrs	Pointe ** I	Ballet V	Ballet VI - VII	Intermediate Pointe	
	10:00am The Music Class	Boys HH 7 - 9 yrs (4-4:45pm)	Jazz/HH I 8 - 10 yrs	*Hip Hop II 10 -12 yrs	Tap C Teen-Adult	<b>ZUMBA</b> Teen-Adult	
	11:00am Tiny Tots 3.5 -4 yrs	Tiny Tots II-III 5 – 6 yrs	Tap II 8 -12 yrs	Jazz III 11 – 13 yrs	Jazz II Teen-Adult	Tap A Teen-Adult	
Wed	11am-12pm <b>Yoga Flow</b> Adults	Ballet II 8 – 11yrs	Ballet I 7 – 10 yrs	Ballet III 9 -12 yrs	Jazz V Teen Adult	Senior Perf Group	
	10:00 am The Music Class	Mini-Tots 2 ½ - 3 ½	Jazz II 10 – 12 yrs	Tap D Teen-Adult	Jazz III Teen-Adult		
	11:00am Mini-Tots 2 ½ - 3 ½	Tap I 7 - 10 yrs	Tiny Tots II 5 – 6 yrs	Jazz I 10 – 13 yrs	<b>Gentle Yoga</b> Adults (7pm-8pm)		
Thur			Pointe ** I	Ballet V	Ballet IV 12 & up	Ballet VI - VII	
			Jazz/HH I 8 – 10 yrs	Jazz IV (1 ½ hrs) 12 – 14 yrs	Jazz I Teen-Adult	*Hip Hop I Teen-Adult	
		Tiny Tots I 4 – 6 yrs	<b>Music Theatre</b>	Tap III 9 – 12 yrs	*Hip Hop II Teen-Adult	Tap B Teen-Adult	
Fri		Ballet V-VI-VII (3:45 – 5:15pm)	Intermediate Pointe (5:15 – 6:15)	Ballet III-IV (2 <sup>nd</sup> class only) (6:15 – 7:15pm)			
		Jazz/HH I-II 9 – 11 yrs	<b>TBA</b>	Hip Hop II 10 - 13 yrs			
			Tap I 7 – 10 yrs	Tiny Tots II 5 – 6 yrs			
	8:00am	9:00 am	10:00am	11:00am	12:00pm	1:00pm	2 pm
Sat		Ballet V-VI-VII (8:30-10:00 am)	Ballet I 7 -10 yrs	Jazz III-IV-V Teen-Adult	Lyrical/ Modern		
		Tiny Tots I 4 – 6 yrs	Jazz/HH I - II 9 – 11 yrs	Ballet III 9 -12 yrs	Jazz II 10 - 12 yrs	Tap IV 10 – 13 yrs	
		9:00 am The Music Class	Tiny Tots II-III 4 - 6 yrs	Ballet II 8 – 11 yrs	Tap III 9 – 12 yrs	Tiny Tots I 4 – 6 yrs	

\* It is **highly** recommended that Hip Hop students also be enrolled in Jazz or Ballet to develop basic technique

\*\* Pointe I students **must** take 2 ballet technique classes / Intermediate Pointe students **must** take 3 Ballet technique classes

\*\*\*Jazz V Teen-Adult dances **must** take at least 2 Jazz and/or Ballet classes

**SCHEDULE IS SUBJECT TO CHANGE – PLEASE PRE-REGISTER TO GUARANTEE PLACEMENT**